



Volume 4 • Number 6 • November 2023

# Beach Shop

A TEES PLEASE COMPANY



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9128 B SE Bridge Road Hobe Sound, FL

[www.hobesoundbeachshop.com](http://www.hobesoundbeachshop.com)

## Hobe Sound Beach Shop's Turtle Times

### Our History is a Treasure: Chapter Twenty-Five *By Jan Otten*

As we progress Chapter by Chapter into the TREASURED history of Hobe Sound, we become increasingly aware of the many reasons that this little unincorporated village is the sparkling gem that it is.

This Chapter is focusing on the art and artists of Hobe Sound. There are many remarkable artists who call Hobe Sound home! To name just a few: Nadia Utto, the renowned mural artist whose works adorn many buildings in Hobe Sound; Suzanne Briley, artist, author and pianist, and home to The Barn Artists; Amber Moran, whose unique watercolor & ink "out of the box" art, is featured among other things, on various clothing and more at Beall's of Florida; Ed Douglas, artist and founder of the Bridge Road Fine Arts Gallery; Carol Kepp of the Hobe Sound Art League whose art adorns many places including a 30' x 9' mural of The Holy Trinity at St. Martin de Porres Church in Jensen Beach; Cynthia Cooper, acrylic artist and premier art framer; and the affable, extraordinary, and very generous, Dan Mackin. We also make note here of our good friend, who recently unexpectedly passed away, photographer of a very distinctive talent, Leo Arbezniak of Images in Paradise.

It is not possible here to name all of the many artists who are an integral part of the Hobe Sound art community. Those mentioned are just a few and we are certain that the many artists are drawn here due to the extraordinarily beautiful natural areas that abound in Hobe Sound!

Located on Bridge Road in The Market Plaza are two very special galleries. The Hobe Sound Fine Arts League, founded in January 1984, where professional artists and aspiring artists come together to display their art, teach their art, and where students, from the very young to the "more mature" ages have an opportunity to take lessons from the skilled and experienced specialists. And there is the Bridge Road Fine Arts Gallery with 8 individual artists displaying and offering their exceptional creations for sale. These include the works of those who paint in oils, watercolor, and acrylics, a husband-and-wife photographer team, a wood turner, and a pottery maker.

In addition, a new gallery located on Dixie Highway opened on November 3, 2023. The Bailey Gallery is presented by the Jupiter Island Arts Council where visitors enjoy exploring the new



*Bailey Gallery.*

gallery with its fabulous art! They will also be featuring an extensive collection of original paintings by The Florida Highwaymen.

And then, close by on Zeus Crescent, in the Zeus Park community, you will find the Barn Artists. Opening in 1999 in an old Hobe Sound barn, formerly used for building boats, artists come together to create their beautiful works. Suzanne Briley cheerfully says, "There's no worries about spilling paint on the floors." Over the years there have been over 41 artists enjoying



*The Barn Artists*

*continued on page 5*

# Into the Night

I recently had the privilege of visiting some research collaborators in St. Croix, U.S. Virgin Islands. If you've never been, it's much like you'd imagine, beautiful sandy beaches, tree-covered hillsides, clear warm Caribbean water, and lots of sunshine. That's great, but when you're there to study sea turtles, most of the action occurs at night! As we quietly searched for nesting female turtles on a remote part of the island, I reflected on how dark the moonless night was, and the brilliance of the star-filled sky. For me, it's rare to see the night sky as it was before urban glow began to mask the stars where I live, and how nice it was to be under the glow of the Milky Way.

It goes without saying, but as adaptable as humans are, we were built for a primarily diurnal lifestyle, i.e. active during daylight hours. Our eyes are testimony to that; in addition to light-gathering rod cells, we have an additional set of light receptors in our retinas known as cones, which are equipped with sensitivity to three different colors; red, green and blue. Known as trichromacy, these receptors work together to provide us with the ability to distinguish between a wide range of colors, but aren't very useful at all without sunlight, so it's likely we needed them for a mostly daily, rather than nightly, routine. Turns out, although trichromacy is fairly common (including in bees, reptiles, and diurnal fish), it isn't among mammals, and humans are among the few primates who alone get to enjoy it.

The alternative to experiencing the diurnal lifestyle and the probing eyes of pesky trichromatic and even tetrachromatic animals (birds, for example, have four kinds of cones); is of course turning to the cover of darkness. It seems to work; it is estimated that 70% of all animals are primarily active at night, including majority of invertebrates such as insects and marine arthropods, and vertebrates such as birds and fish. Often overlooked by sleeping humans, the nighttime hours are teeming with diverse ecological communities busily gathering the leftovers of the day's activities and hurrying to get finished by dawn.



*Hatchling green sea turtle heads toward the setting sun. L. Wood.*

Given all the potentially scary stuff we're unable to see all night long, darkness has been a source of mystery and fear since the dawn of humankind. Since humans first tamed fire, there has been a steady march to push back against the darkness, even making the term 'light pollution' almost an oxymoron. Nonetheless, light pollution is a thing, and in some cases it would behoove us to back off a bit from the over excesses of our trichromatic lifestyle. It stands to reason that if a large number of organisms require darkness to survive, then a large number of organisms are being affected by artificial light. Even more organisms, including plants (and us, too) rely not necessarily on the dark itself as much as the cyclic rhythms of day and night that govern important biological processes. As always, there's a balance; clearly there are benefits to society in having light where its necessary, but being mindful of its effects can help mitigate against its disruptive potential.

Which leads me, naturally, to sea turtles. Although they are primarily diurnal tetrachromats, most sea turtle species rely on the cover of darkness to complete the nesting process, and again during the hatchlings' journey to the water. Which, at first, sounds like a good idea...hide from predators, right? But wait, most of the known predators; mammals, birds, fish, etc. are often nocturnal themselves, so they can't hide from them with that strategy alone. What then drives the nocturnal reproductive behavior among sea turtles? A combination, for sure, but being constrained to nest in the tropics risks exposure to extreme daytime temperatures, which can overcome both adult and hatchling turtles even in the relative absence of natural predators.

Given the importance of effectively and immediately finding the ocean, even at night, directional cues must be readily available to the hatchlings upon emergence from the nest. It has become evident that hatchling turtles use their visual acuity to essentially make a 360-degree comparison of illumination around themselves. If they're on an open beach or under dune vegetation, they don't want to end up crawling into the forest, so they naturally orient away from the darkest horizon which, coincidentally, leads them correctly to the surf. Once in the water, they switch over to a new navigation system based on wave direction to lead them offshore. These cues are reliable, but can be very subtle, and therefore easily disrupted. Even the faint glow of the stars on a moonless night is enough to set their direction, which is why coastal residents are encouraged to dim, deflect, or turn off lights that shine toward the beach. And, as a bonus, maybe more of us can enjoy the Milky Way!

**Submitted by Larry Wood, Ph.D.**

Research Coordinator

National Save The Sea Turtle Foundation

[www.savetheseaturtle.org](http://www.savetheseaturtle.org)



Come into the shop and mention that you saw this twinkling star and get 15% off a \$25 or more purchase.

## A little Trivia from Dictionary.com:

**screaming-meemies** [ skree-ming-mee-meez ] noun  
extreme nervousness; anxiety; hysteria.

Don't get the screaming-meemies this holiday season! Stop into the **Hobe Sound Beach Shop** and be rid of your nervousness. Get all your shopping done in one convenient and pleasant place. Gift wrapping available!! Custom, one-of-a-kind gifts to please everyone on your list.





Join us to celebrate our  
**10th Annual Christmas Tree  
 Lighting Ceremony**  
**Friday, December 1, 2023 — 6:00 p.m.**

Thank you for helping us  
 keep the doors open!

Join your neighbors and friends in  
 welcoming the Christmas season with music  
 and refreshments!

Event is free (donations are always  
 appreciated)

and will be held at the  
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[www.apolloschool.org](http://www.apolloschool.org)

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 some of our Hobe Sound  
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 photos mounted on  
 banners along Bridge Road



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 Tsutomu Mirikitani  
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 A Traveling Exhibit of  
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# Good Day Hobe Sound!

The most often asked question I get is "How's the Real Estate market today?"

That needs clarification! Are you an investor, are you interested in commercial real estate, are you looking to buy, or sell? Are you asking about single-family homes, condos or town homes? They are all different markets with different answers. However, most people are just curious about their own homes and in Hobe Sound most homes are single family homes. According to Redfin this is what the report for September 2023 is:

## Hobe Sound Housing Market Trends

What is the housing market like in Hobe Sound today?

In September 2023, Hobe Sound home prices were up 14.7% compared to last year, selling for a median price of \$625K. On average, homes in Hobe Sound sell after 106 days on the market compared to 55 days last year. There were 16 homes sold in September this year, up from 12 last year.

**Median Sale Price** \$625,000 +14.7% year-over-year  
**Number of Homes Sold** 16 +33.3% year-over-year  
**Median Days on Market** 106 +51 year-over-year

Single Family	September			Year to Date		
Key Metrics	2022	2023	% Change	9-2022	9-2023	% Change
Closed Sales	12	22	+ 83.3%	161	167	+ 3.7%
Median Sales Price*	\$602,500	\$665,000	+ 10.4%	\$679,000	\$650,000	- 4.3%
Average Sales Price*	\$883,083	\$775,205	- 12.2%	\$1,230,541	\$1,226,780	- 0.3%
Dollar Volume	\$10,597,000	\$17,054,500	+ 60.9%	\$198,117,168	\$204,872,212	+ 3.4%
Percent of Original List Price Received*	91.5%	90.1%	- 1.5%	97.1%	93.6%	- 3.6%
Median Time to Contract	21	60	+ 185.7%	25	44	+ 76.0%
Pending Sales	7	17	+ 142.9%	150	172	+ 14.7%
New Listings	8	28	+ 250.0%	202	220	+ 8.9%
Inventory of Homes for Sale	43	46	+ 7.0%	—	—	—
Months Supply of Inventory	2.5	2.6	+ 4.0%	—	—	—

A rolling 12-month calculation represents the current month and the 11 months prior in a single data point. If no activity occurred during a month, the line extends to the next available data point. Current as of October 16, 2023. Data courtesy of BeachesMLS, a subsidiary of Broward, Palm Beaches & St. Lucie Realtors®. | Report © 2023 ShowingTime.

## Where are people moving to Hobe Sound from?

- Across the nation, 2% of homebuyers searched to move into Hobe Sound from outside metros.
- New York homebuyers searched to move into Hobe Sound more than any other metro followed by Boston and Washington.

## Where are people from Hobe Sound moving to?

- 77% of Hobe Sound homebuyers searched to stay within the Hobe Sound metropolitan area.
- Orlando was the most popular destination among Hobe Sound homebuyers followed by Cape Coral and Atlanta.

Just sayin !

Rich

## Rich Otten, PSA, C2EX

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## 26th Annual SINGING CHRISTMAS TREE

Hobe Sound Ministries will present the Singing Christmas Tree from **November 30 – December 3 at 7 pm each evening**

Featuring 75 singers in a beautifully lighted Christmas tree of thousands of lights, a 25 piece orchestra, a children's choir, flying angels, kings and shepherds, holy family, and the message and lights of the season! Admission is free.

Hobe Sound Ministries is located at 11295 Gomez Ave in Hobe Sound at Hobe Sound Bible College/Church

Call 772-546-5696 with any questions.

Groups of 25 or more may call for reservations.



December 2nd, 2023 @ 1:00pm

1ST SATURDAY  
IN DECEMBER

PRESENTED BY:  
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HOBE SOUND  
Christmas Parade



## Our History is a Treasure: Chapter Twenty-Five continued from page 1

that space. They have come from Germany, England and other places, and of course, the regular snowbirds. Currently there are 12 active artists taking advantage of this Hobe Sound creative venue.

Now, let's take a little in-depth look at one of Hobe Sound's best-known artists:

What happens in the early 1970s when you are a young man, recently out of the military having served in Asia, and you're sailing a small boat in Central America with your best friend and..... OOPS, you lose your camera overboard? Well, you start recording your adventures by drawing and painting the beautiful and extraordinary scenes surrounding you.... thus begins the story of Dan Mackin, Artist!! Dan was born and raised in Southern California and always had a fascination with tropical foliage and vibrant blue seas and coupled with the great enjoyment he always experienced from creating art, he naturally fell into artfully reproducing the scenery he was seeing while sailing in tropical waters. It wasn't until 1983 that Dan began devoting full time to his talent.

When a thought pops into Mackin's head, he grabs a blank canvas and transforms that canvas into a "window of paradise!" Some of those original "canvas windows" have commanded from \$4,000 to \$18,000. In addition, there are releases of fine art limited editions lithographs and giclee print editions. Dan says "My aim is to communicate a sense of being in paradise. When

you see tropical water, you feel excited and tranquil at the same time." He adds, "Everyone yearns to find their own peaceful paradise and escape the demands of today's hectic world. My paintings offer viewers a window into that place embodying the harmony between people and nature."

Dan Mackin art is collected by various entertainment and sports celebrities such as Jimmy Buffett, Kenny Chesney, Brian Wilson, Joe Perry, Arsenio Hall, Don King, Dave Clark, and football players, Brad Culpepper and Andre Reed. There's not room here to list all the places his art adorns but a few are the collections of the International Herald Tribune, Sheraton Resorts, the Ron Jon/National Kidney Foundation Pro-Am Surfing Festival, The Cleveland Clinic, and the Royal Caribbean Cruise Line. He has exhibited at the Tampa Bay Aquarium, Wyland Gallery Shows, and many other art galleries throughout the United States. You can see an exhibit locally at Hobe Sound Classics on Dixie Highway. He has been commissioned by corporations and individuals. Many of his images appear on greeting cards, jewelry, stationery, magazine covers and calendars. And his paintings can be seen in homes throughout the world. This author can attest to having two shower curtains that are Dan Mackin art, as well as framed posters, and my husband proudly wears a "Dan Mackin Tie, and sometimes a Dan Mackin Shirt." Yes, Dan's art is everywhere.



*Lighthouse in Paradise Night by Dan Mackin*

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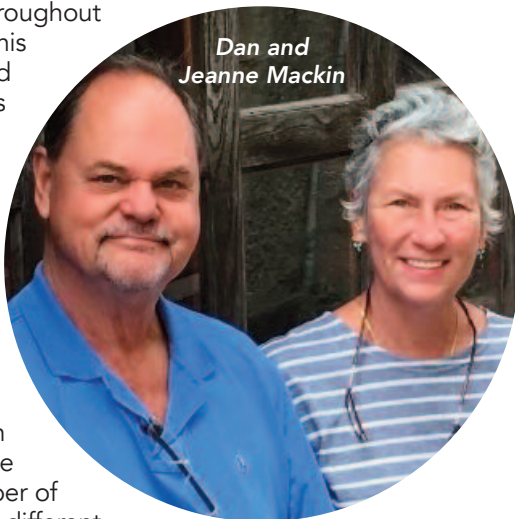
At one time in his life Dan worked as a tour guide on the Amazon River – since then he has captured on canvas his memories of exotic trips to the Caribbean, South Pacific, Asia and the rainforests of South America. He has collaborated with Brian Wilson of the Beach Boys, depicting eight of his songs on canvas and is one of only 29 artists in the world to have a Disney License. His posters and prints sell in over 3,000 stores throughout

the world. Through his artwork he has raised over a million dollars for the National Kidney Foundation of Florida and thousands more for dozens of other local and national charities. You will find his pictures on the annual Helping People Succeed calendars. He's been commissioned by the Hobe Sound Chamber of Commerce on three different

occasions to design the poster for the Hobe Sound Festival of the Arts, and another memorable and charitable endeavor was to artfully paint one of the old windows removed from the Apollo School at the time of its renovation and then sold at auction for the benefit of the school. Any time he is asked he ALWAYS has art he contributes to local fundraising events.

On top of all that, Dan is just an all-round fun guy to talk to and spend time with!! Dan is married to the lovely Jeanne Mackin, who is a still life artist in her own right, and they share their home with their Irish Water Spaniel, Finnegan.

Yes, Hobe Sound is a mecca for artists, not just those who paint, but also for those who sculpt, those who carve, those who make beautiful jewelry, and those, like Leo Arbezni, who photograph the beauty that abounds in our community. These artists help us to cherish all that our little paradise offers us, the place that people from all over come to visit and we are lucky enough to live here, call it home, and enjoy it daily!



*Makin Looking Back © Dan Mackin*

You can find Dan Mackin accessories at The Hobe Sound Beach Shop!



*Love the Beach © Jeanne Nash*



Mark your calendar for the first weekend in February 2024, the 3rd and 4th, for the 23rd Annual Hobe Sound Festival of the Arts, presented by the Hobe Sound Chamber of Commerce and Howard Alan Events.



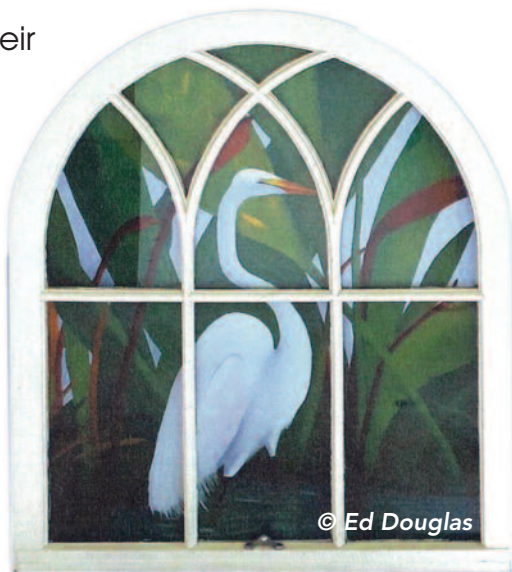
Some of the local artists who have created Hobe Sound Festival of the Arts Posters include, Dan Mackin, Carol Kepp, and Amber Moran.





The first poster for the Hobe Sound Festival of the Arts was created by Robin Lee Makowski, a renowned watercolor artist and author. Robin's depiction of the Hobe Sound Bridge Road Trees leading to the beach remains the most sought-after poster in the Chamber's collection. It is the true essence of Hobe Sound. At the time of its creation Robin resided in Hobe Sound. She moved out west to New Mexico and soon after returned to our lovely Florida east coast. Until recently Robin was the Art Studio & Exhibits Coordinator at the Elliott Museum.

Artists who donated their talent by creating art from "discarded" windows from the Hobe Sound Community Presbyterian Church include: Ed Douglas, Suzanne Briley, Cynthia Cooper, Paula Cooper, Cynthia Crane, Carol Kepp, Dan Mackin, and Debra Monet.



*Water Meets the Sky*  
© Cynthia Cooper



*Fiesta de las Malvas*  
© Robin Lee Makowski



© Mimi McCallum

Another Hobe Sound artist, now retired, is Jeanne Nash. Her style is whimsical and colorful and much sought-after. Jeanne and her husband Richard traveled all over the U.S. exhibiting at art shows. You can still find signed and numbered limited edition prints for sale online.



*Nadia Utto. Stars and Stripes (2017),*  
AMVETS, 10450 SE Dixie Highway

Artists who donated their talent by creating art from the old "discarded" original windows of the Apollo School include: Suzanne Briley, Nadia Utto, Cynthia Cooper, Dan Mackin, Paula Cooper. And Mimi McCallum.

Bridge Road Fine Arts artist, Deborah Bottorff, created the design for this year's Reverse the Door t-shirt that will be distributed for free at the Hobe Sound Christmas Parade on Saturday, December 2.



*Late Leo Arbeznik,*  
Photographer



© Leo Arbeznik

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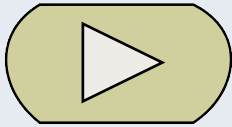
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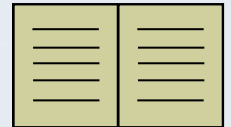
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- Agricultural Classifications



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His eyes how they twinkled! His dimples how merry,  
his cheeks were like roses, his nose like a cherry.

If you stop in at the Beach Shop we'll have these unique earrings for your holiday parties, along with holiday dresses, and exciting new holiday gifts even Rudolph would like!

Here's to a fabulous Holiday Season  
done in Hobe Sound Style.



Periwinkle  
BY BARLOW



## Putting TASTE to the TEST

It was with great expectations that our party of six made dinner reservations at the "new" old stand-by TASTE CASUAL DINING in its new home.

The former Catfish House has been revamped and updated to accommodate Chef Craig Kingston's vision, style, and clientele.

The exterior, re-envisioned by Hobe Sound Muralist Nadia Utto offers an attractive welcome of clouds and ocean front palms.

We arrived at the appointed hour to find our table awaiting and our server ready to serve us as soon as we were seated.

Presented with menus we were all pleased to find our TASTE favorites still featured along with a daily Prime Rib offering and a few of the old specialties of the former Catfish House.

The wine and cocktail list was a selection of reliable favorites including a non-alcoholic beer on the list, a plus for some in our party.

We ordered around the menu without any pre-arrangement. We were pleased that all items were available even though the restaurant was very busy. The specials were clearly explained, and questions quickly answered by a fully competent and informed server.



Did you notice our hidden message in the last Turtle Times issue? How about in this issue?

Chef Craig's popular Chicken Pot Pie was offered in two sizes the small made an ample dinner portion and was piping hot with a crispy golden crust, creamy sauce and lots of veggies and chicken. The coconut crusted Mahi was crunchy and had a mildly spiced fruited salsa which helped offset the usually dry texture of the Mahi. The fish and chips were up to Craig's high standard and as always, the cod was moist and the fries golden and freshly fried, always an excellent choice when offered. The French Dip (a TASTE standard) featured sliced prime rib and a well-balanced au jus dip. Such a dip can often be overly salty TASTE's never is. Quesadilla was laden with chicken and the salsa was, according to the diner, "Just Right" in both spice and quantity.

Parking can be an issue at first glance but readily solved by parking behind the restaurant. Exiting onto US1 was not difficult. Given Hobe Sound's amazing array of ever-changing dining choices it is encouraging to see TASTE, like an old friend re-envisioned, back on the scene. In its new home it is indeed good news!

Despite Chef Craig's sizeable investment we were surprised to see the menu pricing was still reasonable. Most dinner options were under twenty dollars and the sandwich choices were fairly priced as well. One diner was a little "shocked" at the beverage prices and felt the Iced Tea at \$4.50 was "over the top". I felt that overall the pricing and offerings were suitable for an occasional casual night out.

Our dinner was a rousing success, despite the higher-than-expected noise level, recommended by all in every respect.

Bon Appetit;

Anonymous Restaurant Reviewer



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Dr. Leon Gonyo D.C. F.I.A.M.A. with Stuart Family Chiropractic & Acupuncture Center has incorporated a Neuropathy treatment that provides excellent results for those suffering from this debilitating condition.

The condition where nerves are damaged causing weakness, burning pain, numbness, tingling, and debilitating balance challenges is called Peripheral neuropathy. Several different problems in the body such as poor blood flow to the nerves, toxic levels of sugar in the blood (diabetes), cancer, chronic infections, pesticide exposure and genetic variants are a few of the causes of this debilitating nerve damaging condition. The cause for every patient is different but it must be determined in order for the nerves to heal!

## Can peripheral nerves heal?

Scientific literature well establishes that peripheral nerves can and do heal. Getting the nerves healing and stopping whatever is causing the nerve damage in the first place are the key issues. To optimize the ability for the nerves to heal properly the underlying cause of the neuropathy must be fixed as well as proper support for the nerves.

Three major factors must be determined In order to effectively heal nerve damage:

- What is the underlying cause of the nerve damage?
- How severe is the nerve damage?
- What types of nerve fibers are damaged?

## Four main goals of treatment

1. Improve the environment within the body for nerve healing.
2. Increase blood flow to the nerves.
3. Stimulate the nerves that are damaged (small fiber, large diameter, or motor nerves) to reduce pain and improve balance.
4. Decrease brain-based pain.

Our unique treatment system increases blood flow to the nerves in the feet and/or hands, which helps to repair nerves naturally and has returned many of our patient's feet and/or hands to normal.

For more details, call the office at 772-781-0193 and ask for Shelly.

## Dr. Leon Gonyo, D.C. F.I.A.M.A.

Stuart Family Chiropractic  
& Acupuncture Center  
6094 S.E. Federal Highway  
Stuart, Florida

772-781-0193

stuartfamilychiro.com



Boutiques on Bridge Presents Our

# FALL SHOP & STROLL

NOVEMBER 17, 2023

Local Makers • Raffle • Live Music

Join us for an evening of local shopping at our fall shop & stroll. Participating boutiques on Bridge Road will open at their regular times with extended hours offering a time to browse, enjoy light bites + refreshments, and to shop local.

Busters, Waterbabe, Perfectious Beauty,  
Nautical but Nice, Hobe Sound Beach Shop,  
The Artisans Bungalow,  
Leslie Stationary Store, Creations by Tina,  
& Harry and the Natives.

10



GFWC Woman's Club of Stuart

Cordially Invites You to Our

## 15th Annual Holiday Home Tour

Dec 10, 12:00 PM – 5:00 PM

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General Admission \$50.00 • VIP Bus Tickets \$75.00

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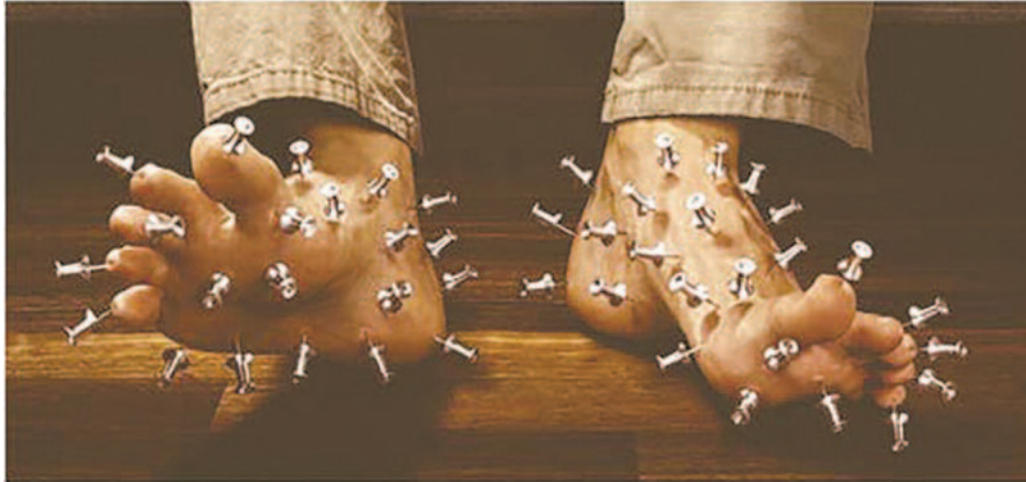
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